Maxillary full-coverage appliance.

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This chapter is a synopsis of the fabrication, indications, and contraindications of maxillary orthotics. The author combines his orthodontic training with his clinical temporomandibular joint experience to discuss a wide array of appliances. He divides these orthotics into two groups: permissive or deprogramming appliances (which include the anterior bite plane, posterior bite plane, and full-coverage bite plane) and directive or repositioning appliances (which include the centric relation splint, neuromuscular splint, anterior repositioning appliance, and activators).

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